



Meal Type	Lunch/Dinner
MEAL CODE	CHML (CHILD MEAL)
Effective Date	01 June 2009

ALTERNATE NAMES:

GUIDELINES :

USE :

2 years < children < 5 years

PROHIBITED

- Fish with bone
- Meat with bone
- Nuts and seeds
- Highly seasoned foods
- Hard candy
- Rich sauces
- Whole grapes

ACCEPTABLE

- Carrot sticks
- Cheese and crackers
- Finger foods
- Individual packaged fruit cups
- Fruit juices

CHARACTERISTICS :

Soft and easy to chew meals. Easily identified foods.
Healthy choices.

NOTE :

Several food items in individual wrappings will allow the child to save items to snack on later. Some airlines allow passengers to order specific hot entrees (e.g hamburger) or cold entrees for children over 5 years.